





The Benefits of Frozen Food

### **TIME & COST SAVING**

- Individually quick frozen (IQF)
  products provide easy portion control
  use/defrost only what you need.
- · Cook from frozen or thawed.
- Reduce \$ loss from food going off.
- Reduce labour cost with diced, cut or pre-made food solutions.



# **HIGH QUALITY**

- Food is snap frozen/IQF shortly after it is picked, caught, or formed (at its freshest state).
- Snap freezing & IQF retains the quality, nutrition, taste & colour of food.



#### **LONG SHELF LIFE**

- Shelf life of frozen food is from 18-24 months.
- Freezing inhibits the growth of Microorganisms & Bacteria.
- Preservation of highly perishable foods (e.g seafood & berries).
- Stock security in uncertain times.



# **VARIETY**

- Global reach Access to a huge range of products from all around the world.
- A growing & innovative food industry.



# CONSISTENT ALL YEAR

- Availablity to eat out of season foods all year round.
- · Less menu changes required.
- Consistent quality all year round.





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